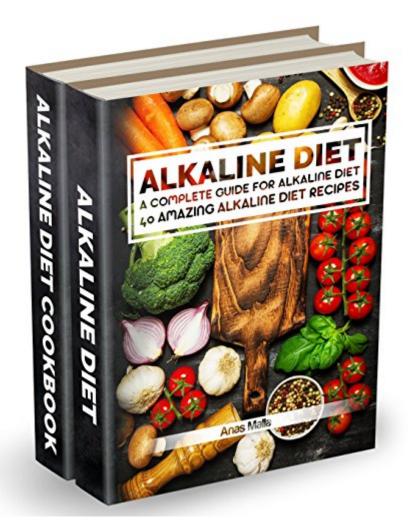


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Alkaline Diet: 2 Manuscripts: A Complete Guide For Alkaline Diet, Alkaline Diet Cookbook: Balance Your Acidity Levels & Learn 40 New Amazing Alkaline Diet ... Eating, Optimal Health, Lose Weight Book 3)





Synopsis

The Perfect Balance..We can see that there are so many diets available to us. Each diet has its benefits, but each also comes with its downsides. Now, when you think about different diets and choosing the ideal one for you, the word balance comes to your mind. If you are looking for a diet offering you the perfect balance, itââ ¬â,¢s the alkaline diet.40 Amazing Recipes..- Breakfast â⠬⠜ the ideal meals to get a jumpstart for the day- Smoothies â⠬⠜ an integral part of alkaline diet perfect to provide you with a boost of energy at any given time- Salads â⠬⠜ unique and carefully selected soups for all tastes- Entrees â⠬⠜ main courses that fit into alkaline diet-Desserts â⠬⠜ if you feel like itââ ¬â,¢s time to indulge your sweet tooth, take a look here-Snacks â⠬⠜ are you looking for a quick snack to satisfy your hunger until dinner? Here are the ones carefully selected for youAnd Much More!!Buy It Nowà & Get ready to take your Health to the Next Level..

Book Information

File Size: 1667 KB Print Length: 107 pages Simultaneous Device Usage: Unlimited Publication Date: August 6, 2017 Sold by: Â Â Digital Services LLC Language: English ASIN: B074M194ZZ Text-to-Speech: Enabled X-Ray: Not Enabled Word Wise: Enabled Lending: Not Enabled Screen Reader: Supported Enhanced Typesetting: Enabled Best Sellers Rank: #269,184 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #79 inĀ Ä Books > Cookbooks, Food & Wine > Special Diet > Cancer #345 inà Â Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diets & Weight Loss > Special Conditions #998 inA A Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diets & Weight Loss > Diets > Weight Maintenance

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